



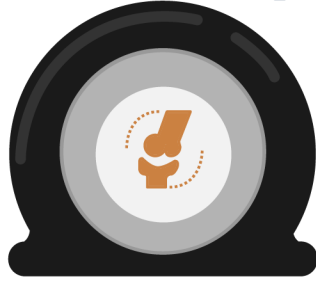
# How Pain Slows You Down...

## Causes of pain - "flat tires"



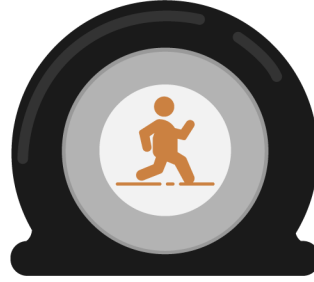
### PHYSIOLOGIC

How the body processes pain signals



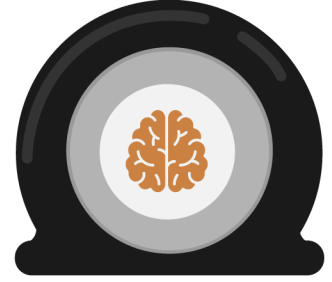
### ANATOMIC

Structures in the body such as muscles, bones, joints and nerves



### FUNCTIONAL

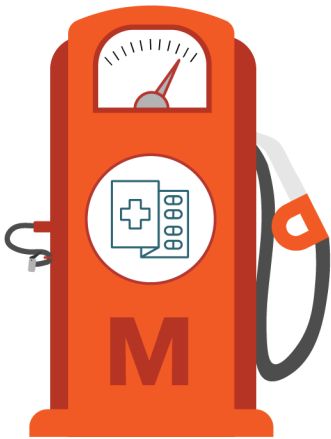
Injury, posture, movement or other position-related factors



### PSYCHOSOCIAL

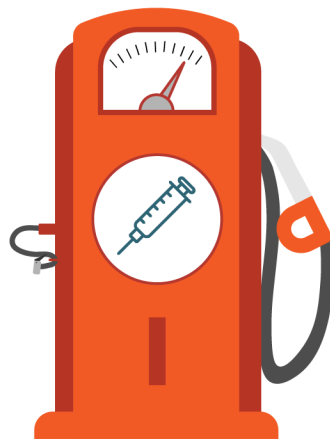
How the mind deals with emotions, stresses and environmental factors

## How do we target the treatment to the cause?



### MEDICATIONS

Target the physiologic source of pain.



### INTERVENTIONS

Target the anatomic structures of the pain.



### PHYSICAL THERAPY

Targets the functional limitations caused by pain.



### PSYCHOSOCIAL THERAPY

Targets the psychosocial comorbidity associated with the pain.

## Targeted Pain Treatment Gets You Moving Again!

SCAN TO VISIT OUR YOUTUBE CHANNEL

